

## Waterhouse Club Covid Policies 2023 for Events and Expeditions

### Events

#### The Club's COVID Policy

In the interest of protecting the health and well-being of members, the Club strongly urges everyone attending events to be fully vaccinated against COVID and recommends a flu shot as well. The Club will continue to employ measures wherever possible to minimise the risk of the spread of COVID and other infectious diseases. We also ask anyone with any respiratory or other viral symptoms **not** to attend.

### Expeditions

#### The Club's COVID and Immunisation Policy

In the interest of protecting the health and well-being of members, the Club strongly urges everyone participating in expeditions to be fully vaccinated against COVID. A flu shot is also recommended, as are any additional vaccinations that may be recommended by your travel medicine doctor, depending on the destination. The Club will continue to employ measures wherever possible to minimise the risk of the spread of COVID and other infectious diseases. We also ask anyone who develops any respiratory or other viral symptoms **to immediately self-isolate and notify the expedition leader.**